We Believe in Accessible Mental Health Care
At Access Institute, we believe that everyone deserves access to mental health care. We provide comprehensive psychological services to people of all ages on a sliding fee scale so that they can afford to receive high-quality mental health treatment.

Our Services

Individual Psychotherapy
Provided for adolescents, adults, couples, and families. A minimum of one weekly session, with additional, more intensive sessions as needed.

Play Therapy for Children Ages 4-12
Includes adjunct sessions with parents and/or caregivers.

Medication Services
Medication evaluation and continued care. Medication treatment is coordinated with ongoing therapy.

Comprehensive Psychological and Neuropsychological Assessment and Testing
For adults and children. Includes assessment for cognitive issues, learning differences, and the full-range of diagnostic and psychological issues. Assessments include thorough reports and treatment recommendations.

Clinical Case Management
Assistance and referrals regarding various social and economic support services. Provided as a stand-alone service or integrated with psychotherapy.

Community Partnerships

In-School Mental Health Program
Through our partnership with the San Francisco Unified School District, we provide early-intervention mental health services to children on-site at seven public elementary schools.

Elder Mental Health Program
Through our partnership with Bayview Adult Day Health Center, we provide on-site mental health care to elders with medical and psychiatric disabilities.

To Schedule
To schedule an appointment, please leave a message on our intake line: (415) 861-5449 x380. Para servicios en Español: (415) 861-5449 x324.